

**2nd Multidisciplinary International Musculoskeletal Pain Congress cum
11th Multidisciplinary Musculoskeletal Ultrasound Congress on Pain Management
12 – 14 April 2024 • Hong Kong**



Sally Poon

Dietitian

Hong Kong

Sally Poon is a private dietitian with 16 years of experience providing professional nutrition and dietetics services. Sally takes a holistic, sustainable approach to coach her clients. She examines her clients' health conditions, body composition, eating habits and lifestyle to determine the best treatment plans for them. She tailors unique meal plans that suit their nutritional requirements and lifestyle. She sees it as her mission to provide nutrition services that are not only bespoke but also innovative. She firmly believes that foods should be enjoyable, diets should be sustainable, and real food in balanced amounts is the best way to optimal health.

That is why many clients who approached her with a goal for weight loss are surprised to see that in their journey to wellness with Sally, they acquire the means to resolve their health problems and to keep good health.